Discover Olympism

Family Quiz
Permanent Exhibition
Through this exhibition you will take a wonderful journey to discover the Olympic Games.

What will it be like? Throughout your journey, you will receive exciting information and answer a quiz whose answers you will find at the end of this booklet. Fabulous, isn’t it?

THE OLYMPIC WORLD
Level +1

THE OLYMPIC GAMES
Level 0

THE OLYMPIC SPIRIT
Level -1

These symbols will help you

Answer our questions by looking for the answers in the exhibition!

Test our interactivities in the exhibition!

Did you know? Discover some amazing facts!

Let’s go! Go up the large ramp in front of you to reach the first floor and begin your tour.
The Games in Olympia

The Olympic Games are very old. They were invented in Ancient Greece, almost 3000 years ago. The ancient Greeks organised sporting contests every four years to honour the god Zeus. They were held at Olympia, in the large sanctuary of Zeus.

Go to the interactive model and use the buttons!

**Question 1**
Which of these buildings did the ancient Greeks use to organise foot races in Olympia?
☐ The palaestra
☐ The gymnasium
☐ The stadium

**Question 2**
Examine the smallest vase closely: which divinity is giving an olive wreath to the winners of the Ancient Olympic Games?
☐ Nike, the goddess of victory
☐ Hermes, the messenger of the gods
☐ Zeus, the king of the gods
☐ Athena, the goddess of wisdom

**Did you know?**
Look at the different vases in the centre of the room. Did you notice? In Olympia, the events were all individual, team sports did not exist.
Pierre de Coubertin

With a passion for sports and education, the Frenchman Pierre de Coubertin had a great dream: to organize sports competitions modeled after the Ancient Olympic Games. Athletes would come from many countries to celebrate peace between their nations. In 1896, this dream became a reality! The first Modern Olympic Games were held in Athens, Greece.

Question 3
What sports did Pierre de Coubertin play?
☐ Boxing
☐ Croquet
☐ Surfing
☐ Paragliding

Question 4
In order to represent the Olympic Games and make them universal, Pierre de Coubertin created a symbol: Which one?
☐ An olive branch
☐ The letters O & G
☐ Five interlaced rings
☐ A golden shoe
The Olympic Games welcome athletes from all over the world! See for yourself. Try our game.

Did you know?

The five interlaced rings form one of the best known symbols in the world. They represent the union between the five continents and the gathering of athletes from all over the world during the Games. At the Rio 2016 Olympic Games, the athletes came from 206 different countries! The Olympic Flag features six colours: blue, yellow, black, green and red, in addition to the white background. These colours can be found on the flags of all the countries in the world.

Now that you know how the Modern Olympic Games were born, it’s time to experience all the stages of this global sporting event!
The Olympic Torch Relay

A few months before the opening of the Olympic Games, the celebration begins with the Olympic Torch Relay. The flame is lit in Greece and then carried by relay, using the Olympic Torches, to the city hosting the Games. This flame, is passed from hand to hand across thousands of miles, symbolising peace and friendship between nations.

Question 5
What object is used to light the flame?
☐ A lighter
☐ A parabolic mirror
☐ A match
☐ A laser

Discover the history of each of the torches in the interactive terminals.

Did you know?

During the relay, the Olympic Flame is carried by runners. Sometimes it is also transported by plane. In such instances, it is placed in a safety lantern.

At the end of its journey, the flame is placed in a big cauldron located in the Olympic stadium and it burns for the 15-day duration of the Games.
The Look of the Games

The visual identity of an edition of the Olympic Games is a kind of brand, invented by the host city. It is on the entry tickets, the decoration of the stadium and the posters.

The designers use specific characteristics of the host city and its country (history, art, landscapes, traditions, etc.), while ensuring that it is understandable to people from all over the world. This is a real challenge!

Question 6
What is the name of the symbols that represent the sports for each edition of the Olympic Games?
- Holograms
- Mascots
- Pictograms
- Instagrams

Well done for all that you have already learned. Celebrate that in the area dedicated to the Olympic Games opening ceremony. Prepare to be amazed!
The Summer Olympic Games

The Summer Olympic Games are the largest sporting event in the world, based on the number of athletes involved (more than 10,000), nations represented (206), sports included in the programme and spectators! The athletes, both male and female, are either professionals or amateurs. The Summer Olympic Games are held every four years.

Question 7
Look for Roger Federer's tennis racket! Not far away you can see the shoes of his biggest competitor! Who is it?
- Boris Becker
- Stanislas Wawrinka
- Andy Murray
- Rafael Nadal

Watch the film in the centre of the room to see images of the Olympic Games from different periods.

Did you know?

Since the first Modern Olympic Games in 1896, the programme for the Summer Olympic Games has changed a great deal. Some sports have been removed, such as the tug of war, while new sports have been added, such as taekwondo. There were 28 sports included in the programme for the Summer Olympic Games in Rio, in 2016.
The Youth Olympic Games

I am for athletes aged 15 to 18. I include high-level competitions. I promote learning and sharing. I bring together young athletes from all over the world. What am I?... The Youth Olympic Games, of course! A major event that combines performances, meetings and friendship.

Question 8
Which of the following statements is true:
☐ In order to qualify for the Olympic Games, athletes must have competed in the Youth Olympic Games
☐ Medals are not given out at the Youth Olympic Games
☐ Several athletes who took part in the PyeongChang 2018 Olympic Games had participated in the Youth Olympic Games

Question 9
Do the Youth Olympic Games include teams made up of athletes from different countries?
☐ Yes
☐ No
☐ Maybe
☐ I don’t know
The Winter Olympic Games

The programmes for the earliest editions of the Modern Olympic Games only included summer sports. However, in 1908, at the London Olympic Games, a winter sport joined the summer events: figure skating. At that time, snow and ice-based sports were becoming increasingly popular. In 1924, the IOC organised 11 days of winter sports events in Chamonix (France). These were the first Winter Olympic Games! They are held every four years, two years apart from the Summer Olympic Games.

Question 10
Katarina Witt at the 1988 Calgary Olympic Games, won the gold medal in the figure skating individual event representing which famous character?
☐ Snow White
☐ Hansel and Gretel
☐ Carmen
☐ Minnie Mouse

Did you know?
There are seven winter sports included in the Olympic programme. Several of the sports included in the program entail different disciplines. Ice skating, for example, includes figure skating and speed skating. Each discipline includes multiple events. In alpine skiing, athletes compete in the downhill, super G and slalom events.
Training

Being tall isn’t all you need to be a good basketball player! Achieving high levels of performance requires intense physical work every day. It’s their incredible level of motivation that enables athletes to work so hard. The mind and body work together! Therefore, training includes both physical and mental exercises. An athlete’s family, coach and doctor play a key role in ensuring that the athlete avoids injury, perseveres, manages his or her stress levels and... wins!

Now you are the athlete! Move your body, work your mind... Victory is within reach!
At the Olympic Games, the winners receive a gold medal and the title of Olympic Champion. The athlete finishing second receives a silver medal, while third place winner receives a bronze medal. Once athletes compete in the Olympic Games, even without winning a medal, they become Olympians. This is a dream for all athletes!

Question 11
To which edition of the Winter Olympic Games does the following medal correspond: large, undulating and bearing sections of a larger artwork...
☐ Lillehammer 1994
☐ Innsbruck 1964
☐ Vancouver 2010
☐ Chamonix 1924

Did you know that the Olympic medals are made of different metals? The bronze medal is made of copper, with some tin and zinc. The silver medal is identical to the medal given to the winner, but without the gilding. Yes, the gold medal is actually silver! But it is coated in at least 6 g of pure gold.
The Games in Olympia

Question 1
Which of these buildings did the ancient Greeks use to organise foot races in Olympia?
☐ The stadium

Correct! On the banks that surrounded the stadium, almost 40,000 spectators could take their place to support their champion.

Question 2
Which divinity is giving an olive wreath to the winners of the Ancient Olympic Games?
☐ Nike, the goddess of victory

Well done! According to Greek mythology, Nike came down from the heavens to give a crown to the winners in the name of Zeus.
Pierre de Coubertin

Question 3
What sports did Pierre de Coubertin play?
☐ Boxing

Absolutely! Pierre de Coubertin also took part in fencing and horse riding.

Question 4
In order to represent the Olympic Games and make them universal, Pierre de Coubertin created a symbol: Which one?
☐ Five interlaced rings

Yes! Pierre de Coubertin came up with the original design of the Olympic Rings himself, in a letter that can be seen in the display.
The Olympic Torch Relay

Question 5
What object is used to light the flame?
☐ A parabolic mirror

Exactly! The mirror concentrates the rays of the sun and creates intense heat.

The Look of the Games

Question 6
What is the name of the symbols that represent the sports for each edition of the Olympic Games?
☐ Pictograms

Exactly! The pictograms allow everybody, regardless of their language, to recognise the sports depicted.
THE OLYMPIC GAMES
Level 0

The Summer Olympic Games

Question 7
Look for Roger Federer's tennis racket! Not far away you can see the shoes of his biggest competitor! Who is it?
☐ Rafael Nadal

That's right, it's Rafael Nadal! The two athletes are competitors on the tennis court, but also maintain a friendly contact with each other! Both were gold medalists in Beijing 2008, Roger Federer in doubles and Rafael Nadal in singles!
SOLUTIONS:

THE OLYMPIC GAMES
Level 0

The Youth Olympic Games

Question 8
Which of the following statements is true:
☐ Several athletes who took part in the PyeongChang 2018 Olympic Games had participated in the Youth Olympic Games

Yes! Of the 2963 athletes who competed in the PyeongChang Winter Olympic Games, 227 had participated in the Youth Olympic Games in Lillehammer, in 2016.

Question 9
Do the Youth Olympic Games include teams made up of athletes from different countries?
☐ Yes

Correct! The Youth Olympic Games provide an opportunity to try out new events, such as events involving teams with members from different countries. Here, the American Nathan Schrimsher formed a team with the Cuban Laura Moya Lopez to compete in the modern pentathlon.
The Winter Olympic Games

Question 10
Katarina Witt at the Calgary Olympics in 1988, won the gold medal in the figure skating individual event interpreting which famous character?
☐ Carmen

Katarina Witt won a gold medal in 1988 in Calgary playing the character of Carmen on the ice.
**SOLUTIONS:**

THE OLYMPIC SPIRIT
Level -1

**The Olympic Medals**

**Question 11**
To which edition of the Winter Olympic Games does the following medal correspond: large, undulating and bearing sections of a larger artwork...
☐ Vancouver 2010

Yes! The designs on the medals, inspired by the work of an artist from Vancouver, are lasered on. As for the shape of the curves, it is different on each medal, meaning that each of them is one-of-a-kind.
Did you like this quiz?

Continue playing with the Olympic Collection card game and test your knowledge about Olympism.

*On sale at the TOM Shop, available in EN and FR.*